



January Lunch



Monday	Tuesday	Wednesday	Thursday	Friday	
<i>All lunches include: Assorted Fruit and Milk *Items Offered Daily</i>		01 No School	02 Ravioli with Suace & Bread Sticks	03 Pizza with Salad	
	06 Pancakes , Eggs & Bacon	07 Chicken Parm Sandwich	08 Chicken Tenders & Broccoli Cheddar Bites with Fries	09 Pasta with Sauce, Rolls & Salad	10 Pizza with Salad
	13 Sausage, Egg & Cheese Croissant with Hash Browns	14 Grilled Ham & Cheese Sandwich with Tomato Soup	15 Walking Taco with Veggies	16 Cheeseburger & Chips	17 Pizza with Salad
	20 No School	21 Omelets with Cubed Potatoes & Sausage	22 Mac & Cheese with Hot Dogs	23 Orange Chicken with Rice & Egg Rolls	24 Pizza with Salad
	27 French Toast Sticks with Hash Brown	28 Meatloaf with Mash Potatoes & Rolls	29 Nachos & Cheese with Corn	30 Chicken with Gravy & Mashed Potatoes	31 Pizza with Salad

Menu Descriptions:
Chef's Choice Pizza:
 French bread /
 Stuffed crust/
 Stromboli /Calzone
Chicken & Waffles:
 waffles with chicken
 tenders
 *Garden Meal:
 Romaine ,
 peppers(red, green) ,
 Onions, Cheese
 Dressing (Ranch or
 Italian)and Croutons
 *Yogurt Cereal:
 Cheerios, low fat
 yogurt, assorted fruit,
 cheese stick
 *Deli Sandwich:
 Soft Flour Tortilla,
 Deli Meat (Ham or
 Turkey), Shredded
 Yellow Cheese,
 Chips, a Pickle Slice

