

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Turkey Kielbasa Grinder 2 w/ Peppers & Onions Potato Wedges Assorted Fruit	Grilled Cheese & Tomato Soup 3 Baby Carrots w/ Ranch Apple Sauce	Cheesy Beef Nachos 4 w/ Assorted Toppings Black Bean Salad Grapefruit Slices	Pasta & Meat Sauce 5 Garlic Texas Toast Local Broccoli w/ Parmesan & Lemon Cinnamon Pears	Cheese Pizza 6 Garden Salad Assorted Fruit *Deli Alternate is Tuna Sandwich*
Quesadilla 9 w/ Salsa & Sour Cream Corn Peaches w/ Tajin	Cook's Choice Combo Basket 10 Assorted Fruits & Vegetables	Hamburger 11 Lay's Chips Baked Beans Coleslaw Orange Slices	Pi Day DIY Pizza Kit 12 Assorted Fruits & Vegetables	Staff Development Day 13 No School
Soft Pretzel Snack Tray 16 w/ Local Cheddar, Honey Mustard, Pepperoni, Baby Carrots, & Grapes	Shamrock Nuggets 17 w/ Dip'n Sauce Sweet Potato Fries Broccoli w/ Dip Honeydew Melon	Meatball Banh Mi Sandwich 18 Fries w/ Zesty Dipping Sauce Mango 	Mac & Cheese 19 Garlic Texas Toast Buttered Peas Strawberries w/ Whipped Topping	Cheese Pizza 20 Greek Chickpea Salad Assorted Fruit *Deli Alternate is Tuna Sandwich*
Pancakes 23 w/ Syrup Scrambled Eggs Hashbrowns Orange Juice	Chili Cheese Dog 24 w/ Cheddar, Onions, & Jalapeños Baby Carrots w/ Dip Apple Sauce	Ham & Cheese Croissant Melt 25 Lay's Chips Celery Sticks Crunchy Roasted Chickpeas; Craisins	Popcorn Chicken Bowl 26 w/ Mashed Potatoes, Corn, Cheese, & Gravy Peaches	Cheese Pizza 27 Salad w/ Berries, Local Feta, & Balsamic; Fruit *Deli Alternate is Tuna Sandwich*
Mozzarella Sticks 30 w/ Marinara Sauce Assorted Fruits & Vegetables	Chicken Patty Sandwich 31 Baked Beans Assorted Veggies Orange Slices	Bacon Cheeseburger 1 w/ Lettuce, Tomato, Onion, & Pickles Oven Fries Apple Slices	Boneless Wings w/ Choice of Dipping Sauce 2 Carrot & Celery Sticks w/ Ranch Strawberries	Cheese Pizza 3 Garden Salad Assorted Fruit *Deli Alternate is Tuna Sandwich*

ALTERNATE MEAL CHOICES:

The following choices are available daily:
Salad with Protein,
Deli Sandwich,
Yogurt Fun Lunch,
OR Sunbutter & Jelly Sandwich w/ String Cheese

Harvest of the Month:
DAIRY



Fun Fact:
There are 1,200 dairy farms in New England!

National School Breakfast Week March 2-6!



This institution is an equal opportunity provider. Menus are subject to change and may contain allergens.



IMPORTANT REMINDERS

- All St. Mary's Parish students qualify for FREE breakfast and lunch under CEP through School Year 2028-2029!
- Students are offered milk and a variety of fruits & vegetables with meals
- Contact us: call 413-569-6870 or email gshwachman@stgrsd.org

WORLD FOOD WEDNESDAY!

Bánh mì is a Vietnamese street food sandwich made on a French baguette and filled with flavorful meat, pickled veggies, mayo, sauces, and fresh herbs. It's crunchy, colorful, and full of flavor!

